FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT C	F CHANGES	IN BENEFICIAL	OWNERSHIP

OMB APPRO	VAL
OMB Number:	3235-0287
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Conacher Lionel F.						2. Issuer Name and Ticker or Trading Symbol DESTINATION XL GROUP, INC. [DXLG]										all app	onship of Reporting Pe Il applicable) Director		erson(s) to Issuer 10% Owner	
(Last) (First) (Middle) C/O DESTINATION XL GROUP, INC.					3. Date of Earliest Transaction (Month/Day/Year) 08/05/2019										Office	er (give title v)		Other (elow)	specify	
555 TURNPIKE STREET					4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line)							
(Street) CANTO	N M.	Α ()2021												X		n filed by One n filed by Mor on			
(City)	(St	ate) (Zip)																	
		Tabl	e I - Nor	n-Deriva	ative	Se	curitie	s Acq	uired,	Dis	posed o	f, o	r Ben	efici	ally (Owne	ed			
1. Title of Security (Instr. 3) 2. Transac Date (Month/Date)					Execution Da		n Date,	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4 5)				4 and Sec Ben Owr		cially I Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)	
								Code	v	Amount		(A) or (D)	Price	.	Reported Transaction(s) (Instr. 3 and 4)				(111511.4)	
Common Stock, \$0.01 par value 08/05/									J		8,875(1)	A	\$1.	1.69 65,690		D			
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3) 2. Conversion or Exercise Price of Derivative Security (Instr. 3) 3. Transaction Date Execution Date (Month/Day/Year) (Month/Day/Year) 3. Transaction Date Execution Date, if any (Month/Day/Year) (Month/Day/Year)						ative rities ired osed	6. Date Exercisable and Expiration Date Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4) Amoun or Numbe		ount	nt		9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)			
Code		Code	v	(A)		Date Exercisal		Expiration Date	Title	of e Sha	ires									

Explanation of Responses:

1. Shares issued pursuant to the Director's elected form of compensation for quarterly annual retainer.

Remarks:

Robert S. Molloy, Attorney-in-Fact for Lionel Conacher

08/07/2019

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.